

# Resources and Links

## Resources

The following list of resources is intended to provide additional help and assistance to school administrators, staff, parents, community members, and students. This list is not all-inclusive but provides a place for schools and communities to start when additional information is needed or sought.

## Crisis Lines

1-800-273-TALK (8255)

**The National Suicide Prevention Lifeline**, a free, 24-hour, 7 day a week hotline. Connects the caller to certified help from nearest crisis center.

1-800-850-8078

**The Trevor Helpline**, which can be reached by calling (800) 850-8078, is a national 24-hour toll-free suicide prevention hotline aimed at gay or questioning youth . The Trevor Helpline is geared toward helping those in crisis, or anyone wanting information on how to help someone in crisis. All calls are handled by trained counselors, and are free and confidential. <http://www.thetrevorproject.org/>

## Florida Organizations

### The Beth Foundation, Inc.

The Beth Foundation Inc. is a non-profit Florida organization dedicated to reducing the suicide rate in Florida through education and awareness. The Beth Foundation was established to provide training to increase the general knowledge about the nature of suicidal behavior, how to respond and refer a suicidal person for help and to provide a central clearinghouse for suicide prevention information and resources.

<http://www.thebethfoundation.com>

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This publication is also available on-line as an Adobe Acrobat PDF file: <http://theguide.fmhi.usf.edu>

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## Resources



School-Based <sup>©</sup>

# Guide

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## Resources and Links continued

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### Florida Initiative for Suicide Prevention

FISP supports and believes in a collaborative effort to address the risk factors that contribute to the incidence of suicide

<http://www.fisponline.org/>

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### Florida Suicide Prevention Coalition (FSPC)

FSPC is a Florida grassroots coalition whose mission is to collaborate to develop and implement suicide prevention, intervention and postvention strategies and programs. Their vision statement is: A coalition of Floridians for the elimination of suicide in our communities. This is an excellent site for up to date information and resources.

<http://www.floridasuicideprevention.org>

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### Project YES.

Project YES is an educational organization working to make the world safer for all youth. Their mission is to prevent suicide and ensure the healthy development of gay, lesbian, bisexual, and transgender youth by initiating dialogue, providing education, and creating support systems.

<http://www.projectyes.org/>

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## Advocacy Groups/Organizations

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### Light for Life Foundation

Light for Life Foundation of America provides information on the Yellow Ribbon Program for preventing youth suicide. Includes brochures, fact sheets, and statistics on youth suicide.

<http://www.yellowribbon.org>

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### National Alliance for the Mentally Ill (NAMI)

NAMI is dedicated to the eradication of mental illnesses and to the improvement of the quality of life of all whose lives are affected by these diseases. Includes section on Children & Adolescents with Mental Illnesses and their Families.

[http://www.nami.org/template.cfm?section=Child\\_and\\_Adolescent\\_Action\\_Center](http://www.nami.org/template.cfm?section=Child_and_Adolescent_Action_Center)

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### SAVE – Suicide Awareness \ Voices of Education

Suicide Awareness \ Voices of Education provides information on depression and suicide including a number of educational tools, from brochures, fact sheets, frequently asked questions to support materials for communities to address suicide prevention.

<http://www.save.org>

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### Suicide Prevention Action Network (SPAN)

SPAN is dedicated to the creation and implementation of effective national suicide prevention strategies. SPAN is a network of persons working to raise national awareness and advocate for a National suicide prevention policy.

<http://www.spanusa.org>

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## National Organizations

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### The American Academy of Child & Adolescent Psychiatry

The AACAP assists parents and families in understanding developmental, behavioral, emotional and mental disorders affecting children and adolescents.

<http://www.aacap.org>

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## Resources and Links continued

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### **American Association of Suicidology (AAS)**

The American Association of Suicidology promotes research, public awareness programs, and education and training for professionals and volunteers.

<http://www.suicidology.org>

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### **The American Foundation for Suicide Prevention (AFSP)**

The American Foundation for Suicide Prevention is dedicated to advancing our knowledge of suicide and our ability to prevent it.

<http://www.afsp.org>

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### **American Psychiatric Association**

The American Psychiatric Association is a medical specialty society recognized worldwide. Its 40,500 U.S. and international physicians specialize in the diagnosis and treatment of mental and emotional illnesses and substance abuse disorders.

<http://www.psych.org>

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### **American Psychological Association (APA)**

Based in Washington, DC, the APA is a scientific and professional organization that represents psychology in the United States. With more than 150,000 members, APA is the largest association of psychologists worldwide. A search of the website produced more than 330 documents.

<http://www.apa.org/>

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### **Depression and Bipolar Support Alliance (DBSA)**

DBSA is the nation's leading patient-directed organization focusing on the most prevalent mental illnesses—depression and bipolar disorder. The organization fosters an understanding about the impact and management of these life-threatening illnesses by providing up-to-date, scientifically-based tools and information written in language the general public can understand.

<http://www.dbsalliance.org>

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### **National Mental Health Association**

The National Mental Health Association is dedicated to promoting mental health, preventing mental disorders, and achieving victory over mental illness through advocacy, education, research, and service.

<http://www.nmha.org>

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### **National Youth Violence Prevention Resource Center (NYVPRC)**

NYVPRC was established as a central source of information on prevention programs, publications, research, and statistics on violence committed by and against children and teens. Web site serves as a user-friendly single point of access to Federal information on youth violence prevention and suicide.

<http://www.safeyouth.org>

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### **Suicide Prevention Resource Center (SPRC)**

SPRC is a national resource center that provides technical assistance, Training, and information in order to strengthen suicide prevention networks and advance the Nation Strategy for Suicide Prevention.

<http://www.sprc.org>

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## **Government Agencies**

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### **Centers for Disease Control and Prevention (CDC)**

The CDC is an agency of the U.S. Department of Health and Human Services. It provides statistics, publications, health information, and funding announcements.

<http://www.cdc.gov>

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# Resources and Links continued

## National Institute on Mental Health (NIMH)

The NIMH Suicide Research Consortium is comprised primarily of NIMH scientists across the Institute who also administer research grants. The Consortium coordinates program development in suicide prevention, identifies gaps in the scientific knowledge base, stimulates and monitors research, keeps abreast of scientific developments in suicidology and public policy issues related to suicide surveillance, prevention, and treatment, and disseminates science-based information on suicidology to the public, media, and policy makers.

<http://www.nimh.nih.gov>

## Office of the Surgeon General

The Office of the Surgeon General, Department of Health and Human Services is dedicated to protecting and improving American health. The site has The Surgeon General's Call to Action to Prevent Suicide, 1999 and the National Strategy for Suicide Prevention: Goals and Objectives for Action, 2001 available to download.

<http://www.surgeongeneral.gov>

## National Strategy for Suicide Prevention

A collaborative effort of Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Disease Control (CDC), National Institutes on Health (NIH), Health Resources and Services Administration (HRSA), and Indian Health Services (IHS).

<http://www.mentalhealth.org/suicideprevention/default.asp>

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# Additional Resources

## Children's Safety Network (CSN)

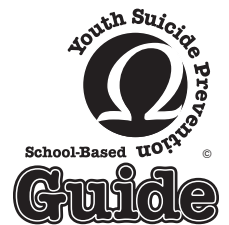
Children's Safety Network - National Injury and Violence Prevention Resource Center site contains publications and resources produced by CSN and other EDC injury prevention projects. Youth Suicide Prevention Fact Sheet Packet is available for downloading.

<http://www.childrensafetynetwork.org/>

## Center for Mental Health in Schools at UCLA

This Center for Mental Health in Schools at UCLA approaches mental health and psychosocial concerns from the broad perspective of addressing barriers to learning and promoting healthy development. Its mission is to improve outcomes for young people by enhancing policies, programs, and practices relevant to mental health in schools. The Center is one of two national centers focusing directly on mental health in schools.

<http://www.smhp.psych.ucla.edu/>



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