

Resources and Links

Resources

The following list of resources is intended to provide additional help and assistance to school administrators, staff, parents, community members, and students. This list is not all-inclusive but provides a place for schools and communities to start when additional information is needed or sought. Much of the information or description comes from the website associated with the resource.

Crisis Lines

1-800-273-TALK (8255)

The National Suicide Prevention Lifeline is a free, confidential, 24-hour, 7-day a week hotline available to anyone in suicidal crisis or emotional distress; connects the caller to certified help from nearest crisis center; can call for self or someone individual cares about.

<http://www.suicidepreventionlifeline.org/>

1-866-4-U-TREVOR or 1-866-488-7386

The Trevor Lifeline is a national, confidential 24-hour toll-free suicide prevention hotline aimed at lesbian, gay, bisexual, transgender, and questioning youth. If a young person is looking for someone to listen and understand without judgment or if he/she is feeling suicidal, The Trevor Lifeline is available at 866-488-7386. All calls are handled by trained counselors.

<http://www.thetrevorproject.org/>

1-800-448-3000

The Boys Town National HotlineSM is open 24 hours a day, 365 days a year and staffed by specially trained Boys Town counselors. Parents, teens and families can find help with the following: Suicide Prevention, Runaways, Parenting troubles, School issues, and more. Spanish-speaking counselors and translation services, representing more than 140 languages, are available, along with a TDD line (1-800-448-1833) that allows counselors to communicate with speech-impaired and deaf callers.

<http://www.boystown.org/national-hotline>

Resources

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Guide

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This publication is also available on-line as an Adobe Acrobat PDF file: <http://theguide.fmhi.usf.edu>

Resources and Links continued

Florida Organizations

Florida Initiative for Suicide Prevention

FISP supports and believes in a collaborative effort to address the risk factors that contribute to the incidence of suicide.

<http://www.fisponline.org>

Florida Suicide Prevention Coalition (FSPC)

FSPC is a Florida grassroots coalition whose mission is to collaborate to develop and implement suicide prevention, intervention and postvention strategies and programs. Their vision statement is: A coalition of Floridians for the elimination of suicide in our communities. This is an excellent site for up to date information and resources.

<http://www.floridasuicideprevention.org>

YES Institute

YES Institute provides education that gets at the source of why youth are harassed. Their mission is to prevent suicide and ensure the healthy development of all youth through powerful communication and education on gender and orientation. Their mission is accomplished through powerful communication and education with people in all segments of the community—throughout the U.S. and Latin America.

<http://www.yesinstitute.org>

Suicide Stops Here: The Florida Suicide Prevention Implementation Project

A site for individuals, schools, coalitions, task forces, faith-based organizations, employers, health providers, and state and system leaders who are interested in taking action to prevent the tragic loss of life from suicide. The Florida Suicide Prevention Implementation Project (FSPIP) is a collaborative effort between the Louis de la Parte Florida Mental Health Institute (FMHI) at the University of South Florida, the Statewide Office of Suicide Prevention and the Suicide Prevention Coordinating Council to implement the Florida Suicide Prevention Strategy on the local level. This project serves as the avenue through which the state plan is rooted and sustained in the community.

<http://preventsuicide.fmhi.usf.edu/>

Statewide Office of Suicide Prevention and Suicide Prevention Coordinating Council

The Web site is designed to be used by the Suicide Prevention Coordinating Council, school personnel, state agencies, community members, faith-based organizations, employers, and others as a resource for suicide prevention. The website goals include:

- Build collaboration and facilitate cooperation between the State and communities
- Assist in the implementation of the Florida Suicide Prevention Strategy
- Ensure accessibility to suicide prevention resources statewide
- Provide updates to the people of Florida on current suicide prevention initiatives and activities overseen by the Statewide Office of Suicide Prevention

<http://www.helpromotehope.com/>

Advocacy Groups/Organizations

Yellow Ribbon Suicide Prevention Program® Light for Life Foundation International

Yellow Ribbon is dedicated to preventing youth suicide and suicide attempts by making suicide prevention accessible to everyone and removing barriers to help by empowering communities and individuals through leadership, awareness and education and by collaborating and partnering with support networks to save lives.

<http://www.yellowribbon.org>

National Alliance on Mentally Illness (NAMI)

NAMI offers an array of peer education and training programs, initiatives and services for individuals, family members, health care providers and the general public. NAMI's education and support programs provide relevant information, valuable insight, and the opportunity to engage in support networks. These programs draw on the lived experience of individuals who have learned to live well with mental illness and have been extensively trained to help others, as well as the expertise of mental health professionals and educators.

<http://www.nami.org>

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National Federation of Families for Children’s Mental Health (FFCMH)

The FFCMH is a U.S. national parent-run organization supporting family-run programs to meet the needs of children and youth with emotional, behavioral, or mental disorders.

<http://www.ffcmh.org>

National Traumatic Stress Network (NTSN)

The mission of the NTSN is to raise the standard of care and improve access to services for traumatized children, their families, and communities throughout the United States.

<http://www.nctsn.org>

SAVE - Suicide Awareness Voices of Education

SAVE believes that suicide is preventable and that suicide prevention works. In order to accomplish its mission and goals, SAVE uses the public health model along with a media campaign to raise awareness of suicide. SAVE uses an educational approach to dispel the myths about suicide and to let others know about the realities surrounding what in 1999 the former U.S. Surgeon General David Satcher called a “public health crisis.”

<http://www.save.org>

Suicide Prevention Action Network (SPAN)

SPAN USA is the policy division of the American Foundation for Suicide Prevention.

<http://www.spanusa.org>

Youth M.O.V.E. National

Youth M.O.V.E. National (Motivating Others through Voices of Experience) is a youth led national organization devoted to improving services and systems that support positive growth and development by uniting the voices of individuals who have lived experience in various systems including mental health, juvenile justice, education, and child welfare.

<http://www.youthmovenational.org>

National Organizations

The American Academy of Child & Adolescent Psychiatry (AACAP)

The AACAP (American Academy of Child and Adolescent Psychiatry) is the leading national professional medical association dedicated to treating and improving the quality of life for children, adolescents, and families affected by these disorders. The AACAP widely distributes information online, and elsewhere, in an effort to promote an understanding of mental illnesses and remove the stigma associated with them; advance efforts in prevention of mental illnesses, and assure proper treatment and access to services for children and adolescents.

<http://www.aacap.org>

American Association of Suicidology (AAS)

AAS is a membership organization for all those involved in suicide prevention and intervention, or touched by suicide. AAS is a leader in the advancement of scientific and programmatic efforts in suicide prevention through research, education and training, the development of standards and resources, and survivor support services.

<http://www.suicidology.org>

The American Foundation for Suicide Prevention (AFSP)

The AFSP has been at the forefront of a wide range of suicide prevention initiatives -- each designed to reduce loss of life from suicide. AFSP is investing in groundbreaking research, new educational campaigns, innovative demonstration projects and critical policy work. AFSP is expanding their assistance to people whose lives have been affected by suicide, reaching out to offer support and offering opportunities to become involved in prevention.

<http://www.afsp.org>

American Psychiatric Association

The American Psychiatric Association is a medical specialty society representing more than 38,000 psychiatric physicians from the United States and around the world. Its member physicians work together to ensure humane care and effective treatment for all persons with mental disorders, including intellectual disability and substance-related disorders.

<http://www.psych.org>

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American Psychological Association (APA)

Based in Washington, DC, the APA is a scientific and professional organization that represents psychology in the United States. With more than 154,000 members, APA is the largest association of psychologists worldwide. A search of the website produced more than 200 documents related to suicide.

<http://www.apa.org/>

Depression and Bipolar Support Alliance (DBSA)

DBSA is the leading patient-directed national organization focusing on the most prevalent mental illnesses. The organization fosters an environment of understanding about the impact and management of these life-threatening illnesses by providing up-to-date, scientifically based tools and information written in language the general public can understand.

<http://www.dbsalliance.org>

Mental Health America (MHA)

Mental Health America (formerly known as the National Mental Health Association) is the country's leading nonprofit dedicated to helping ALL people live mentally healthier lives. MHA represents a growing movement of Americans who promote mental wellness for the health and well-being of the nation – everyday and in times of crisis.

<http://www.nmha.org>

National Association of School Psychologists

NASP represents school psychology and supports school psychologists to enhance the learning and mental health of all children and youth. The website below has some suicide prevention and intervention-related material accessible to the general public while other material is restricted to NASP members.

http://www.nasponline.org/resources/crisis_safety/suicideresources.aspx

National Organization for People of Color Against Suicide

NOPCAS has a primary focus and mission to increase suicide awareness and education in populations that are racially and ethnically diverse. Additionally, its aim is to develop prevention, intervention, and postvention support services to these families and communities impacted adversely by the effects of violence, depression, and suicide in an effort to decrease life-threatening behavior.

<http://www.nopcas.com/>

Striving To Reduce Youth Violence Everywhere (STRYVE)

STRYVE is a national initiative, led by the Centers for Disease Control and Prevention (CDC), which takes a public health approach to preventing youth violence before it starts. To support this effort, STRYVE Online provides communities with the knowledge and resources to be successful in preventing youth violence.

<http://www.safeyouth.org>

Suicide Prevention Resource Center (SPRC)

SPRC provides prevention support, training, and resources to assist organizations and individuals to develop suicide prevention programs, interventions and policies, and to advance the National Strategy for Suicide Prevention. SPRC also hosts the Best Practice Registry listing programs and practices reviewed according to specific criteria for that section.

<http://www.sprc.org>

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Government Agencies

American Indian and Alaska Native Suicide Prevention Website

The purpose of the Indian Health Service's (IHS) Community Suicide Prevention Website is to provide American Indian and Alaska Native communities with culturally appropriate information about best and promising practices, training opportunities, and other relevant information regarding suicide prevention and intervention. The goal of the Website is to provide Native communities with the tools and information to create, or adapt to, their own suicide prevention programs.

<http://www.ihs.gov/nonmedicalprograms/nspn/>

Centers for Disease Control and Prevention (CDC)

The CDC is an agency of the U.S. Department of Health and Human Services. It provides statistics, publications, health information, and funding announcements. A search for youth suicide yields a number of valuable resources

<http://www.cdc.gov>

National Institute of Mental Health (NIMH)

The mission of NIMH is to transform the understanding and treatment of mental illnesses through basic and clinical research, paving the way for prevention, recovery, and cure. A search of "suicide" provides a number of resources some focused on youth.

<http://www.nimh.nih.gov>

Office of the Surgeon General

The Office of the Surgeon General, Department of Health and Human Services is dedicated to protecting and improving American health. The site has The Surgeon General's Call to Action to Prevent Suicide, 1999 and the National Strategy for Suicide Prevention: Goals and Objectives for Action, 2001 available to download.

<http://www.surgeongeneral.gov>

Substance Abuse & Mental Health Services Administration (SAMHSA) Publications Ordering

SAMHSA provides a number of suicide prevention-related resources to order for free (or sometimes shipping costs). Suicide-related resources can be found under Issues, Conditions, and Disorders on the menu banner or through a search.

<http://store.samhsa.gov/home>

Additional Resources

Children's Safety Network (CSN)

Children's Safety Network - National Injury and Violence Prevention Resource Center site contains publications and resources produced by CSN and other Education Development Center injury prevention projects related to youth suicide prevention.

<http://www.childrensafetynetwork.org/topics/showtopic.asp?pkTopicID=5>

Center for Mental Health in Schools at UCLA

This Center for Mental Health in Schools at UCLA approaches mental health and psychosocial concerns from the broad perspective of addressing barriers to learning and promoting healthy development. Its mission is to improve outcomes for young people by enhancing policies, programs, and practices relevant to mental health in schools. The Center is one of two national centers focusing directly on mental health in schools.

<http://www.smhp.psych.ucla.edu/>

Find Youth Info

Through the Youth Topics series, the Interagency Working Group on Youth Programs provides information, strategies, tools, and resources for youth, families, schools and community organizations related to a variety of cross-cutting topics that affect youth. Topics include: preventing youth violence, bullying, and positive youth development.

<http://findyouthinfo.gov/>

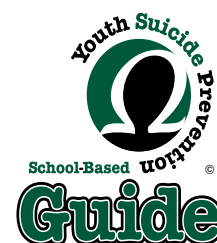
Jason Foundation

JFI is a nationally recognized provider of educational curriculums and training programs for students, educators/ youth workers and parents. JFI's programs build an awareness of the national health problem of youth suicide, educate participants in recognizing the "warning signs or signs of concern", provide information on identifying at-risk behavior and elevated risk groups, and direct participants to local resources to deal with possible suicidal ideation. JFI's student curriculums are presented in the "third-person" perspective – how to help a friend.

<http://www.jasonfoundation.com>

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