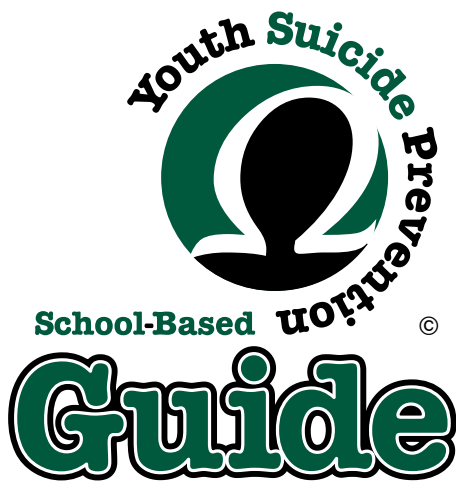


# Checklist 6



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# Intervention Strategies

## Checklist 6

This checklist provides administrators and educators with an efficient inventory of what empirical research and best practice suggests as important considerations when evaluating the status of a school's ability to effectively intervene with a student potentially at risk for suicidal behavior. This checklist can be used to quickly evaluate what services and policies your school already has in place (indicated by a "yes") or what services and policies your school may be lacking that may need to be implemented or revised (indicated by a "no"). This checklist corresponds to Issue Briefs 6a, 6b, and 6c, which provide a more in depth and detailed discussion concerning intervention strategies. The intent of the Issue Briefs are to provide research-based and best-practice suggestions for how a school may wish to address the issue of intervening with a student potentially at risk for suicidal behavior. The intention of the Issue Briefs are not to provide definitive declarations for what schools should decide to do specifically but present what research suggests as effective ways to intervene; we assume that each school will vary in their ability to implement and maintain suggestions mentioned in the Issue Briefs.

### Yes No

- Has your school defined the problem and the extent to which suicide impacts the school community?
- Do school personnel understand the relationship between risk and protective factors and how some protective factors can mitigate against risk factors?
- Does your school have established links to crisis intervention services in the community?
- Does your school have established procedures in place when making a student referral for services? (See Issue Brief 6a, page 3, *When Making a Student Referral for Services*).
- Does your school have established links to family and youth organizations in the community?
- Does your school have a crisis response plan in place to respond to potential crisis situations?
- Do all staff members know about the crisis response plan and how your school will respond to a crisis situation?
- Does your school educate and inform all staff members on who they should contact in the community or in the school should a student express or demonstrate any signs of suicidal behavior (verbal threats, written warnings, or overt suicidal behaviors)?

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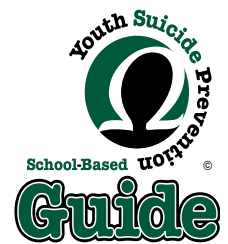
# Checklist 6 continued

## Yes No

- Does your school provide all staff with training about how to effectively intervene with a student who has directly or indirectly expressed suicidal thoughts and/or behaviors, or has demonstrated other warning signs consistent with suicide (see Issue Brief 3 for list of warning signs)?
- Does your school train all staff members on the warning signs of adolescent suicide?
- Does your school define what type of event warrants a school-based crisis response?
- Does your school have an established crisis response team?
- Does your school have an established crisis response team that is formally recognized for its contribution to the schools mission? (See *Issue Brief 6b: Crisis Intervention and Response Teams*).
- Does your school have an established crisis response team whose members know their roles for responding to a suicidal crisis?
- Does your school have an established crisis response team with an established leader as well as a backup leader?
- Does your school have an established method for following up with a student who has gone through a suicidal crisis?
- Does your school have procedures in place to help other students during a suicidal crisis?
- Does your school have established methods for identifying the victim's close friends and other vulnerable students?
- Does your school provide support to close friends of a student who attempts or dies by suicide and other vulnerable students?
- Does your school provide parents with a list of community resources or agencies that they may contact should they suspect that their son/daughter is considering suicide or has expressed suicidal thoughts or behaviors?
- Does your school provide parent education regarding risk factors and the importance of disposing of or restricting access to lethal means (such as firearms)?
- Does your school "debrief" all staff members or school faculty that may have been involved or impacted by a suicidal crisis?
- Does your school have an established procedure for working with the media? (See *Issue Briefs 6c: Responding to a Student Crisis* and *7b: Responding to and Working with the Media*.)
- Does your school have established procedures to respond to issues dealing with student activity on the Internet and social media? (See *Issue Brief 6c: Responding to a Student Crisis*).

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