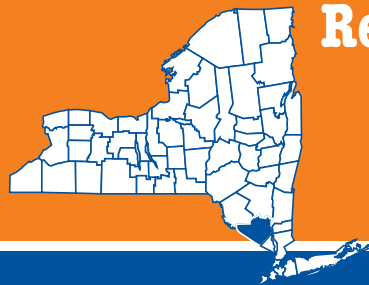


Resources and Links



Resources R

ORANGE COUNTY • NEW YORK

Resources

The following list of resources is intended to provide additional help and assistance to school administrators, staff, parents, community members, and students. This list is not all-inclusive but provides a place for schools and communities to start when additional information is needed or sought. Much of the information or description comes from the website associated with the resource.

Crisis Lines

1-800-273-TALK (8255)

The National Suicide Prevention Lifeline is a free, confidential, 24-hour, 7-day a week hotline available to anyone in suicidal crisis or emotional distress; connects the caller to certified help from nearest crisis center; can call for self or someone individual cares about.

<http://www.suicidepreventionlifeline.org>

1-866-4-U-TREVOR or 1-866-488-7386

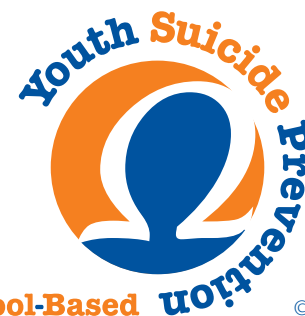
The Trevor Lifeline is a national, confidential 24-hour toll-free suicide prevention hotline aimed at lesbian, gay, bisexual, transgender, and questioning youth. If a young person is looking for someone to listen and understand without judgment or if he/she is feeling suicidal, The Trevor Lifeline is available at 866-488-7386. All calls are handled by trained counselors.

<http://www.thetrevorproject.org>

1-800-448-3000

The Boys Town National HotlineSM is open 24 hours a day, 365 days a year and staffed by specially trained Boys Town counselors. Parents, teens and families can find help with the following: suicide prevention, youth who have runaway, parenting troubles, school issues, and more. Spanish-speaking counselors and translation services, representing more than 140 languages, are available, along with a TDD line (1-800-448-1833) that allows counselors to communicate with speech-impaired and deaf callers.

<http://www.boystown.org/national-hotline>



School-Based **Guide**

Orange County, New York



ORANGE-ULSTER BOCES

Orange-Ulster BOCES

845 291-0100

www.ouboces.org



**Orange County Department
of Mental Health**

845 291-2600

www.orangecountygov.com

Suggested Citation: Roggenbaum, S., & Lazear, K.J. (2014). *Youth suicide prevention school-based guide: Orange County, New York—R: Resources and Links*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences, Louis de la Parte Florida Mental Health Institute (FMHI Series Publication #256-R-rev).

This publication is also available on-line as an Adobe Acrobat PDF file: <http://www.ouboces.org> and <http://www.orangecountygov.com>

Select County Departments, Department of Mental Health

Helplines

1-888-750-2266

An individual in urgent need of support may call 1-888-750-2266 to reach an Occupations, Inc. clinician for telephone support, next day appointment, or 24-hour on-site intervention. Occupations, Inc. is one of Orange County's largest not-for-profit human services agencies, providing a broad array of services, information, and referrals.

<http://www.occupations.org>

Orange County HELPLINE 800-832-1200 / Outside of Orange County (845) 346-HELP

This 24/7 hotline, offered by Mental Health Association in Orange County, Inc., provides crisis intervention, information, emotional support, and referrals to local resources. If calling within Orange County, New York, use (800) 832-1200. If calling outside of Orange County, New York, call (845)-346-HELP.

<http://www.mhaorangenyc.com/linkspage/programsandservices/programsservices.htm>

2-1-1

Dial 2-1-1 for free, confidential, multilingual, health and human services information and referral telephone service. Callers seeking assistance can dial 2-1-1 and be connected to trained information and referral (I&R) specialists. I&R specialists ask essential questions about the caller's situation, and then use a comprehensive database to identify and refer him/her to appropriate programs. Most of these programs offer their services for free, at a low cost, or on a sliding scale based on income.

<http://www.211oc.org/get-help.html>

New York Organizations

American Foundation for Suicide Prevention (AFSP) – The Hudson Valley, New York Chapter

Serving Dutchess, Ulster, Rockland, Orange, Sullivan, and Putnam Counties.

Contact:

NY Hudson Valley and Westchester Area Director
(914) 610-9156

<http://www.afsp.org>

Mental Health Association of New York State (MHANYS)

MHANYS and its affiliate network promote mental health and recovery, promote empowerment in mental health recipients, eliminate discrimination, raise public awareness with education, and advocate for equality and opportunity for all. Contact: 518-434-0439.

<http://www.mhanys.org>

New York State Office of Mental Health (OMH)

The New York State Office of Mental Health has a large, multi-faceted mental health system that serves more than 500,000 individuals each year. The OMH service system includes inpatient and outpatient programs, emergency, community support, residential, and family care programs. Contact: 1 800 597-8481.

<http://www.omh.state.ny.us>

Orange County Department of Mental Health

The Orange County Department of Mental Health can be reached at 845-291-2600 or <http://www.orangecountygov.com>, click on County Departments, then Mental Health.

<http://www.orangecountygov.com>

Suicide Prevention Center of New York State

The SPCNY advances and supports state and local actions to reduce suicide attempts and suicides in New York State and to promote the recovery of persons affected by suicide.

<http://www.preventsuicideNY.org>

Advocacy Groups/Organizations

National Alliance on Mentally Illness (NAMI)

NAMI offers an array of peer education and training programs, initiatives and services for individuals, family members, health care providers and the general public. NAMI's education and support programs provide relevant information, valuable insight, and the opportunity to engage in support networks. These programs draw on the lived experience of individuals who have learned to live well with mental illness and have been extensively trained to help others, as well as the expertise of mental health professionals and educators.

Information Helpline (800) 950-NAMI

<http://www.nami.org>

National Federation of Families for Children's Mental Health (FFCMH)

The FFCMH is a U.S. national parent-run organization supporting family- and youth-run programs to meet the needs of children and youth with emotional, behavioral, or mental disorders.

<http://www.ffcmh.org>

National Traumatic Stress Network (NTSN)

The mission of the NTSN is to raise the standard of care and improve access to services for traumatized children, their families, and communities throughout the United States.

<http://www.nctsn.org>

SAVE - Suicide Awareness Voices of Education

SAVE believes that suicide is preventable and that suicide prevention works. In order to accomplish its mission and goals, SAVE uses the public health model along with a media campaign to raise awareness of suicide. SAVE uses an educational approach to dispel the myths about suicide and to let others know about the realities surrounding what in 1999 the former U.S. Surgeon General David Satcher called a "public health crisis."

<http://www.save.org>

Suicide Prevention Action Network (SPAN)

SPAN USA is the policy division of the American Foundation for Suicide Prevention.

<http://www.afsp.org>

Yellow Ribbon Suicide Prevention Program® Light for Life Foundation International

Yellow Ribbon is dedicated to preventing youth suicide and suicide attempts by making suicide prevention accessible to everyone and removing barriers to help by empowering communities and individuals through leadership, awareness and education and by collaborating and partnering with support networks to save lives.

<http://www.yellowribbon.org>

YES Institute

YES Institute provides education that gets at the source of why youth are harassed. Their mission is to prevent suicide and ensure the healthy development of all youth through powerful communication and education on gender and orientation. Their mission is accomplished through powerful communication and education with people in all segments of the community—throughout the U.S. and Latin America.

<http://www.yesinstitute.org>

Youth M.O.V.E. National

Youth M.O.V.E. National (Motivating Others through Voices of Experience) is a youth-led national organization devoted to improving services and systems that support positive growth and development by uniting the voices of individuals who have lived experience in various systems including mental health, juvenile justice, education, and child welfare.

<http://www.youthmovenational.org>

National Organizations

The American Academy of Child & Adolescent Psychiatry (AACAP)

The AACAP (American Academy of Child and Adolescent Psychiatry) is the leading national professional medical association dedicated to treating and improving the quality of life for children, adolescents, and families affected by these disorders. The AACAP widely distributes information online, and elsewhere, in an effort to promote an understanding of mental illnesses and remove the stigma associated with them; advance efforts in prevention of mental illnesses, and assure proper treatment and access to services for children and adolescents.

<http://www.aacap.org>

American Association of Suicidology (AAS)

AAS is a membership organization for all those involved in suicide prevention and intervention, or touched by suicide. AAS is a leader in the advancement of scientific and programmatic efforts in suicide prevention through research, education and training, the development of standards and resources, and survivor support services.

<http://www.suicidology.org>

The American Foundation for Suicide Prevention (AFSP)

The AFSP has been at the forefront of a wide range of suicide prevention initiatives -- each designed to reduce loss of life from suicide. AFSP is investing in groundbreaking research, new educational campaigns, innovative demonstration projects and critical policy work. AFSP is expanding their assistance to people whose lives have been affected by suicide, reaching out to offer support and offering opportunities to become involved in prevention.

<http://www.afsp.org>

American Psychiatric Association

The American Psychiatric Association is a medical specialty society representing more than 38,000 psychiatric physicians from the United States and around the world. Its member physicians work together to ensure humane care and effective treatment for all persons with mental disorders, including intellectual disability and substance-related disorders.

<http://www.psych.org>

American Psychological Association (APA)

Based in Washington, DC, the APA is a scientific and professional organization that represents psychology in the United States. With more than 154,000 members, APA is the largest association of psychologists worldwide. A search of the website produced more than 200 documents related to suicide.

<http://www.apa.org/>

Depression and Bipolar Support Alliance (DBSA)

DBSA is the leading patient-directed national organization focusing on the most prevalent mental illnesses. The organization fosters an environment of understanding about the impact and management of these life-threatening illnesses by providing up-to-date, scientifically based tools and information written in language the general public can understand.

<http://www.dbsalliance.org>

Mental Health America (MHA)

Mental Health America (formerly known as the National Mental Health Association) is the country's leading nonprofit dedicated to helping ALL people live mentally healthier lives. MHA represents a growing movement of Americans who promote mental wellness for the health and well-being of the nation – everyday and in times of crisis.

<http://www.nmha.org>

National Association of School Psychologists

NASP represents school psychology and supports school psychologists to enhance the learning and mental health of all children and youth. The website below has some suicide prevention and intervention-related material accessible to the general public while other material is restricted to NASP members.

http://www.nasponline.org/resources/crisis_safety/suicideresources.aspx

National Organization for People of Color Against Suicide

NOPCAS has a primary focus and mission to increase suicide awareness and education in populations that are racially and ethnically diverse. Additionally, its aim is to develop prevention, intervention, and postvention support services to these families and communities impacted adversely by the effects of violence, depression, and suicide in an effort to decrease life-threatening behavior.

<http://www.nopcas.com>

Striving To Reduce Youth Violence Everywhere (STRYVE)

STRYVE is a national initiative, led by the Centers for Disease Control and Prevention (CDC), which takes a public health approach to preventing youth violence before it starts. To support this effort, STRYVE Online provides communities with the knowledge and resources to be successful in preventing youth violence.

vetoviolence.cdc.gov/stryve/home.html

Suicide Prevention Resource Center (SPRC)

SPRC provides prevention support, training, and resources to assist organizations and individuals to develop suicide prevention programs, interventions and policies, and to advance the National Strategy for Suicide Prevention. SPRC also hosts the Best Practice Registry listing programs and practices reviewed according to specific criteria for that section.

<http://www.sprc.org>

Government Agencies

American Indian and Alaska Native Suicide Prevention Website

The purpose of the Indian Health Service's (IHS) Community Suicide Prevention Website is to provide American Indian and Alaska Native communities with culturally appropriate information about best and promising practices, training opportunities, and other relevant information regarding suicide prevention and intervention. The goal of the Website is to provide Native communities with the tools and information to create, or adapt to, their own suicide prevention programs.

<http://www.ihs.gov/nonmedicalprograms/nspn>

Centers for Disease Control and Prevention (CDC)

The CDC is an agency of the U.S. Department of Health and Human Services. It provides statistics, publications, health information, and funding announcements. A search for youth suicide yields a number of valuable resources.

<http://www.cdc.gov>

National Institute of Mental Health (NIMH)

The mission of NIMH is to transform the understanding and treatment of mental illnesses through basic and clinical research, paving the way for prevention, recovery, and cure. A search of "suicide" provides a number of resources some focused on youth.

<http://www.nimh.nih.gov>

Office of the Surgeon General

The Office of the Surgeon General, Department of Health and Human Services is dedicated to protecting and improving American health. The site has The Surgeon General's Call to Action to Prevent Suicide, 1999 and the National Strategy for Suicide Prevention: Goals and Objectives for Action, 2001 available to download.

<http://www.surgeongeneral.gov>

Substance Abuse & Mental Health Services Administration (SAMHSA) Publications Ordering

SAMHSA provides a number of suicide prevention-related resources to order for free (or sometimes shipping costs). Suicide-related resources can be found under Issues, Conditions, and Disorders on the menu banner or through a search.

<http://store.samhsa.gov/home>

Additional Resources

Children's Safety Network (CSN)

Children's Safety Network - National Injury and Violence Prevention Resource Center site contains publications and resources produced by CSN and other Education Development Center injury prevention projects related to youth suicide prevention.

<http://www.childrensafetynetwork.org>

(Select Injury Topics from main menu, then select "Suicide Prevention" from drop-down menu)

Center for Mental Health in Schools at UCLA

This Center for Mental Health in Schools at UCLA approaches mental health and psychosocial concerns from the broad perspective of addressing barriers to learning and promoting healthy development. Its mission is to improve outcomes for young people by enhancing policies, programs, and practices relevant to mental health in schools. The Center is one of two national centers focusing directly on mental health in schools.

<http://www.smhp.psych.ucla.edu>

Find Youth Info

Through the Youth Topics series, the Interagency Working Group on Youth Programs provides information, strategies, tools, and resources for youth, families, schools and community organizations related to a variety of cross-cutting topics that affect youth. Topics include: preventing youth violence, bullying, and positive youth development.

<http://findyouthinfo.gov>

Jason Foundation, Inc

JFI is a nationally recognized provider of educational curriculums and training programs for students, educators/youth workers and parents. JFI's programs build an awareness of the national health problem of youth suicide, educate participants in recognizing the "warning signs or signs of concern", provide information on identifying at-risk behavior and elevated risk groups, and direct participants to local resources to deal with possible suicidal ideation. JFI's student curriculums are presented in the "third-person" perspective – how to help a friend.

<http://www.jasonfoundation.com>

Orange County Schools

School District	School	Contact
Chester UFSD		www.chesterufsd.org
	Chester Elementary	469-2178
	Chester Academy (Middle/Senior)	469-2231
Cornwall CSD		www.cornwallschools.com
	Cornwall Central High	534-8009 ext: 5
	Cornwall Central Elementary	534-8009 ext: 2
	Cornwall Central Middle	534-8009 ext: 4
	Cornwall-On-Hudson Elementary	534-8009 ext: 1
	Willow Avenue Elementary	534-8009 ext: 3
Florida UFSD		www.floridaufsd.org
	S.S. Seward Institute	651-4038
	Golden Hill Elementary	651-4407
Goshen CSD		www.gcsny.org
	C.J. Hooker Middle	615-6300
	Goshen Central High	615-6100
	Goshen Intermediate	615-6500
	Scotchtown Avenue Elementary	615-6600
Greenwood Lake UFSD		www.gwlufsd.org
	Greenwood Lake Elementary	477-2411
	Greenwood Lake Middle	782-8678
Highland Falls - Fort Montgomery CSD		www.hffmcsd.org
	Fort Montgomery Elementary	446-1008
	Highland Falls Intermediate	446-4761
	James I. O'Neill High	446-4914
Kiryas Joel Village School	Kiryas Joel Village	782-7510
Marlboro CSD		www.marlboroschools.org
	Marlboro Central High	236-5810
	Marlboro Elementary/Intermediate	236-1636
	Marlboro Middle	236-5842

School District	School	Contact
Middletown ECSD		www.middletowncityschools.org
	Maple Hill Elementary	326-1740
	Middletown Senior High	326-1600
	Monhagen Middle	326-1700
	PreK Program	326-1151
	Presidential Park Elementary	326-1850
	Truman Moon Elementary	326-1780
	Twin Towers Middle	326-1650
	William A. Carter Elementary	326-1711
Minisink Valley CSD		www.minisink.com
	Minisink Valley Elementary	355-5270
	Minisink Valley High	355-5150
	Minisink Valley Intermediate	355-5250
	Minisink Valley Middle	355-5200
Monroe-Woodbury CSD		www.mw.k12.ny.us
	Central Valley Elementary	460-6700
	Monroe Woodbury Senior High	460-7000
	Monroe Woodbury Middle	460-6400
	North Main Street Elementary	460-6800
	Pine Tree Elementary	460-6900
	Sapphire Elementary	460-6500
	Smith Clove Elementary	460-6300

Orange County Schools continued

School District	School	Contact
Newburgh CSD		www.newburghschools.org
	Balmville Elementary Communication & Media Ctr.	563-8550
	Fostertown ETC Magnet (K-6)	568-6425
	GAMS Magnet (K-6)	563-8450
	Gardnertown Fundamental Magnet (K-6)	568-6400
	Heritage Middle	563-3750
	Horizon-On-The-Hudson Magnet	563-3725
	Meadow Hill (K-8)	568-6600
	New Windsor Elementary	563-3700
	Newburgh Free Academy - Main Campus	563-5400
	Newburgh Free Academy - North Campus	563-8400
	South Middle	563-7000
	Temple Hill Academy (K-8)	568-6450
	Vails Gate High Tech Magnet	563-7900
Orange-Ulster BOCES		www.ouboces.org
	Administration	291-0100
	Adult Education	781-4363
	Career and Technical Center (CTEC)	291-0300
	Division for Instructional Support Services	781-4363
	Special Education and Alternative Programs	291-0200
Pine Bush CSD		www.pinebushschools.org
	Circleville Elementary	744-2031 ext: 5523
	Circleville Middle	744-2031 ext: 5600
	Crispell Middle	744-2031 ext: 4400
	E.J. Russell Elementary	744-2031 ext: 4200
	Pakanasink Elementary	744-2031 ext: 5700
	Pine Bush Elementary	744-2031 ext: 4300
	Pine Bush Senior High	744-2031 ext: 3600
	STARS Academy	744-2031 ext: 7775

School District	School	Contact
Port Jervis CSD		www.pjschools.org
	Anna S. Kuhl Elementary	858-3135
	Hamilton Bicentennial Elementary	754-8314
	Port Jervis Middle	858-3148
Tuxedo UFSD		www.tuxedoschooldistrict.com
	George F. Baker High	351-4786
	George Grant Mason Elementary	351-4797
Valley Central CSD		www.vcsd.k12.ny.us
	Berea Elementary	457-2400 ext: 1
	East Coldenham Elementary	457-2400 ext: 2
	Montgomery Elementary	457-2400 ext: 4
	Valley Central High	457-2400 ext: 7
	Valley Central Middle	457-2400 ext: 6
Warwick Valley CSD		www.warwickvalleyschools.com
	Park Avenue Elementary	987-3170
	Sanfordville Elementary	987-3300
	Warwick Valley High	987-3050
	Warwick Valley Middle	987-3100
Washingtonville CSD		www.ws.k12.ny.us
	Little Britain Elementary	497-4000 ext: 6
	Round Hill Elementary	497-4000 ext: 5
	Taft Elementary	497-4000 ext: 4
	Washingtonville Middle	497-4000 ext: 2
	Washingtonville Senior High	497-4000 ext: 1

Children's Services Orange County

Mental Health Crisis and Evaluation Services

Orange Regional Medical Center (ORMC)	333-1621
Bon Secours Hospital East Main Street, Port Jervis	858-7121

24/7 Support Services

Mobile Mental Health (24 hr/day, 7 days/week)	1-888-750-2266
Helpline (24 hr/day, 7 days/week)	1-800-832-1200 or 342-2400
Runaway & Homeless Youth Shelter "A Friends House"	343-0970
Child Protective Services 24 Hour Toll Free Hotline	1-800-342-3720

Clinics Licensed by Office of Mental Health

OCDMH Child & Family Clinic 141 Broadway, Newburgh	568-5260
OCDMH Port Jervis MH Clinic 146 Pike Street, Port Jervis	858-1456
Occupations, Inc. Service Access Center	1-888-750-2266
Orange Regional Counseling Services 110 Crystal Run Road, Middletown	692-8085
Rockland Children's Psychiatric Center Orange Community Services	294-7334
Rockland Children's Psychiatric Center/Orange-Ulster BOCES Intensive Day Treatment Programs (access through school district):	615-0224 (IDT Middle & High) 469-2270 x10951 (IDT Elem.)

Substance Abuse Services

Restart Day Treatment (age 13-21) (Access through school district)	291-0200 x10605
Catholic Charities outpatient treatment clinics: Newburg, Walden, Monroe, Middletown, Port Jervis & Goshen	294-5124
Horton Family Program outpatient treatment	342-5300
Alcohol and Drug Abuse Council (Information and referral)	294-9000
ALANON (www.al-anon.alateen.org)	294-9999
Alcoholics Anonymous (AA) Hotline	534-8525, www.aa.org
Narcotics Anonymous (NA) Helpline	431-6996, www.na.org
Exodus Outpatient Treatment (Monroe)	837-1635

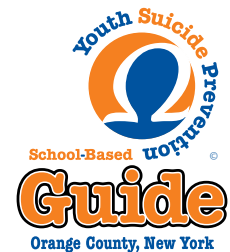
Resources - Advocacy

Orange County System of Care Intake and Information for children/youth with serious emotional and behavioral challenges ages 5-21	360-6710 www.mysystemofcare.com
Family Support: Family Empowerment Council (FEC)	343-8100 x227, 360-6723
NHS Human Services of Orange County Intake Unit Assessment of service needs of children and families in non-Child Protective Service (CPS) matters	561-1038
Orange County Youth Bureau (www.orngecountygov.com)	615-3620
Mental Health Association in Orange County, Inc.	342-2400
Hospice: Information about bereavement groups	561-6111

Health Clinics in Orange County

Middletown Community Health Center (Middletown, Goshen, Pine Bush, Montgomery, and Port Jervis)	343-7614
Greater Hudson Valley Family Health Center	563-8091

Developmental Disability Services www.orangecountynyddconnection.com



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Developed by

The Louis de la Parte Florida Mental Health Institute in the College of Behavioral and Community Sciences at the University of South Florida. Funded in part by the Orange County Department of Mental Health and Orange-Ulster BOCES. Originally funded by the Institute for Child Health Policy at Nova Southeastern University through a Florida Drug Free Communities Program Award.

Design & Page Layout Dawn Khalil

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